

PRESS CONTACT:

Jeannine Egdorf  
Child Guidance Center of Southern Connecticut, Inc.  
(203) 517-3320

**CHILD GUIDANCE CENTER ANNOUNCES NEW PSYCHOTHERAPIST AND THERAPIST ASSISTANT/CASE  
MANAGER**

STAMFORD, CT/July 23, 2009 – The Child Guidance Center of Southern Connecticut (CGC) has announced the appointment of two new staff members, Rebecca Zarrella as a psychotherapist in the Emergency Mobile Crisis Services program, a 24/7 mental health assessment and crisis stabilization service, and Ashley Drew as a therapist assistant and case manager in the Multi-Dimensional Family Therapy (MDFT) program, an intensive in-home therapy treatment for teens and families. Zarrella and Drew, both of Stamford, will provide direct services for youth, parents, and families within their respective programs.

Zarrella comes to CGC after serving as a summer worker for the Department of Mental Health & Addiction Services in the F.S. DuBois Center Crisis Admissions Unit. She also served as a student caretaker at The Mead School in Stamford and a counselor at Kids in Crisis in Greenwich. She holds a bachelor's degree in General Studies with Focus in Human Services from the University of Connecticut and a masters degree in Community Counseling from Fairfield University.

Drew holds a bachelor's degree in Psychology from the University of Connecticut, Stamford. While at the University of Connecticut, Drew was a member of Psi Chi, the National Honors Society of Psychology.

The Child Guidance Center of Southern Connecticut is a non-profit mental health resource, serving children and teenagers in Stamford, Greenwich, Darien and New Canaan, both self referred and through referrals from schools, physicians, courts, and public and private human service agencies. The CGC's clinical staff of psychiatrists, psychologists, social workers, and marriage and family therapists work with more than 2,100 children annually, providing culturally competent and sensitive care to families representative of the rich ethnic mix of communities CGC serves. Preventative services are

provided to youngsters, parents, and professionals through community education and consultation programs. Incorporated in 1954, CGC is supported by the Connecticut Department of Children & Families, Connecticut Office of Victim Crime Services and United Ways of Western Connecticut and Greenwich, The Community Fund of Darien, and New Canaan Community Foundation, as well as generous individual, foundation, and corporate contributions. [www.childguidancect.org](http://www.childguidancect.org)

###

*Pictured: Rebecca Zarrella*

*Pictured: Ashley Drew*