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FOR IMMEDIATE RELEASE

The Child Guidance Center Receives $15,000 from the Perrin Family Foundation

STAMFORD, CT/October 24, 2011 – The Child Guidance Center of Southern Connecticut (CGC), a non-profit agency providing professional mental health services to children, adolescents, and their families, received a $15,000 grant award from the Perrin Family Foundation to support CGC's Child and Family Therapy program.

Directly aligned with the Perrin Foundation's focus to encourage youth voice through meeting basic mental health needs, CGC's Child and Family Therapy program provides a broad range of individualized mental health treatment services that help children and families resolve problems, overcome barriers, and develop resiliency. Building on the natural strengths of each child and their family, CGC provides effective interventions to identify and address each child's unique issues and challenges.

"As a community, we have to work together to make expert intervention available for children and teens. CGC values partnerships that best utilize resources to help youngsters achieve optimal potential and we are honored by the Perrin Foundation's long-standing commitment to support our critical services" states Sherry Perlstein, CGC Executive Director.

The Perrin Foundation founded in 1994, is committed to providing equal opportunities for children and young adults to lead safe, productive and creative lives. The Foundation funds a continuum of direct social services and youth empowerment programs in Fairfield County as well as youth engagement and social change programs in underserved areas throughout the state. For more information, visit the website at www.perrinfamilyfoundation.org.

The Child Guidance Center of Southern Connecticut (CGC) is a non-profit mental health resource, serving children and teenagers in Stamford, Greenwich, Darien and New Canaan, both self referred and through referrals from schools, physicians, courts, and public and private human service agencies. CGC's clinical staff of psychiatrists, psychologists, social workers, and other clinicians work with more than 2,000 children annually, providing culturally competent and sensitive care to families representative of the rich ethnic mix of communities CGC serves. Preventative services are provided to youngsters, parents, and professionals through community education and consultation programs. Incorporated in 1954, CGC is supported by the Connecticut Department of Children & Families, Connecticut Office of Victim Crime Services, and the United Way. CGC is a beneficiary of generous individual, foundation, and corporate contributions. www.childguidancect.org

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