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FOR IMMEDIATE RELEASE

**First County Bank Foundation Supports Local Emergency Mobile Psychiatric Team**

STAMFORD, CT/June 29, 2011 – The Child Guidance Center of Southern Connecticut (CGC), a local non-profit mental health resource, received a \$10,000 grant from the First County Bank Foundation to support Emergency Mobile Psychiatric Services (EMPS) for children and adolescents in Stamford, Greenwich, Darien and New Canaan.

“As the First County Bank Foundation celebrates its 10<sup>th</sup> anniversary, CGC is proud to partner with the foundation in its commitment to support the children and families of Lower Fairfield County,” explains CGC Executive Director Sherry Perlstein. “As a community, we have to work together to make expert intervention available for child and teens. We are very grateful for the Foundation’s renewed support for the vital services of the emergency mobile team.”

With a special focus on youth suicide and violence prevention, the EMPS team provides immediate mental health assessment and crisis stabilization services for children and adolescents experiencing serious psychiatric symptoms and severe reactions to a recent traumatic event. Services are available 24 hours a day, 7 days a week and many services are available to go mobile to homes, schools or in the community. For immediate help with any youth behavioral crisis, please dial 211 to be connected with the EMPS team.

However, please do not wait until it is an emergency to get help. If you are concerned that your child is troubled, unhappy or anxious, or if you are interested in learning more about professional mental health services, please call the Child Guidance Center at (203) 324-6127.

The Child Guidance Center of Southern Connecticut (CGC) is a non-profit mental health resource, serving children and teenagers in Stamford, Greenwich, Darien and New Canaan, both

self referred and through referrals from schools, physicians, courts, and public and private human service agencies. CGC's clinical staff of psychiatrists, psychologists, social workers, and other clinicians work with more than 2,000 children annually, providing culturally competent and sensitive care to families representative of the rich ethnic mix of communities CGC serves. Preventative services are provided to youngsters, parents, and professionals through community education and consultation programs. Incorporated in 1954, CGC is supported by the Connecticut Department of Children & Families, Connecticut Office of Victim Crime Services, and the United Way. CGC is a beneficiary of generous individual, foundation, and corporate contributions. [www.childguidancect.org](http://www.childguidancect.org)

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Photos (all photos courtesy of the Child Guidance Center):



Mark Rosenbloom (left), Assistant Vice President and Business Development Officer for First County Bank presents \$10,000 grant award to CGC's Executive Director Sherry Perlstein (right).



The Child Guidance Center of Southern Connecticut's Emergency Mobile Psychiatric Team