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FOR IMMEDIATE RELEASE

Medical Director Receives Distinguished Fellowship Award

STAMFORD, CT/June 27, 2011 – Dr. Elizabeth Ortiz-Schwartz, Medical Director at the Child Guidance Center of Southern Connecticut (CGC), was awarded a Distinguished Fellowship by the American Psychiatric Association, the highest honor bestowed upon members.

Dr. Ortiz-Schwartz joined CGC as Medical Director two years ago providing medical oversight of CGC’s clinical practices, the delivery of services to patients, and the supervision and direct provision of psychiatric services to children and teens.

The Distinguished Fellowship is awarded to outstanding psychiatrists who have made significant contributions to the psychiatric profession in areas including social significance, community involvement and clinical excellence. Dr. Ortiz-Schwartz was also recently promoted to the rank of Assistant Clinical Professor of Psychiatry at New York Medical College for her involvement in teaching medical students and child psychiatry fellows.

“Dr. Ortiz Schwartz is a true leader in her field. The Child Guidance Center has a long history of attracting professionals to our staff who have earned distinction for their clinical work with children and families and Dr. Ortiz-Schwartz continues this tradition. We are delighted that the children and families we serve will continue to receive state-of-the art psychiatric services under her leadership,” states CGC Executive Director Sherry Perlstein.

“Dr. Ortiz-Schwartz is exceptional, not only for her vast experience, but for her extraordinary compassion and sensitivity to the real lives of the families she works with from a broad range of backgrounds,” adds CGC Clinical Director Dr. Larry Rosenberg. “Her expertise in the judicious, effective and safe use of medication, as an adjunct to psychotherapy with children

and teens, is an enormous resource for local youngsters who require medication in order to manage psychiatric symptoms that would otherwise be debilitating or harmful.”

The Child Guidance Center of Southern Connecticut (CGC) is a non-profit mental health resource, serving children and teenagers in Stamford, Greenwich, Darien and New Canaan, both self referred and through referrals from schools, physicians, courts, and public and private human service agencies. CGC’s clinical staff of psychiatrists, psychologists, social workers, and other clinicians work with more than 2,000 children annually, providing culturally competent and sensitive care to families representative of the rich ethnic mix of communities CGC serves. Preventative services are provided to youngsters, parents, and professionals through community education and consultation programs. Incorporated in 1954, CGC is supported by the Connecticut Department of Children & Families, Connecticut Office of Victim Crime Services, and the United Way. CGC is a beneficiary of generous individual, foundation, and corporate contributions. www.childguidancect.org

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Photos (all photos courtesy of the Child Guidance Center):



Dr. Elizabeth Ortiz-Schwartz, Medical Director for the Child Guidance Center of Southern Connecticut (CGC).