



103 West Broad Street
Stamford, CT
Phone: (203) 324-6127
www.childguidance.org

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Voices is a one hour group for adolescent girls ages 11-13 that encourages girls to seek and celebrate their "true selves" by giving them a safe space, encouragement, structure and support to embrace their important journey of self-discovery. The program advocates an approach that helps girls to identify and apply their power and voices as individuals and as a group.

**Starting December 5th 2007
Wednesdays**

4:00 P.M.—5:00 P.M.

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Some of the themes and topics discussed will be *relationships, trust, environmental and peer influence & building self-esteem.*

Please contact Rebecca Ross at 203-517-3342 or Caitlyn Pearson at 203-517-3351 for more information and with referrals.